

ADIME note template

Blank template for dietetic consultations | US English - US Letter

Patient name / identifier: _____

Date / time: _____ Dietitian: _____

Visit type / referral reason: _____

A | Assessment

Patient concerns and goals; food and nutrition history / intake; anthropometry; biochemistry / tests; nutrition-focused physical findings; medical, medication and social history. Include units, dates and source of findings (measured, patient-reported or referral).

D | Nutrition diagnosis

PES: [Nutrition problem] related to [etiology / cause] as evidenced by [assessment findings / signs and symptoms].

I | Intervention

Agreed goals and targets; nutrition intervention and education provided; agreed actions and who will do them; coordination / communication with other providers.

M/E | Monitoring and evaluation

Indicators and how they will be measured; progress against previous goals (if a follow-up); next review date / interval.

Completed and checked by / date: _____

Adapt to your setting. Record only assessed findings and agreed care.

Guide and worked example: hanah.health/blog/adime-note-pes-statement-ai-scribe/